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# Gardner-Webb Baseball Coach Rusty Stroupe Releases Second Book

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Office of University Communications

August 5, 2011

## *Book Explores a Biblical View of Manhood and Male Leadership*



stroupe 2nd book

BOILING SPRINGS, N.C. – Fresh off a season in which he led the Runnin' Bulldogs baseball team to the Big South Championship game, Gardner-Webb Head Baseball Coach Rusty Stroupe has yet another reason to celebrate. This week, PublishAmerica will release Stroupe's second book, "Top Ten Ways to Be a Man's Man in God's Eyes."

In its online teaser, PublishAmerica describes Stroupe's book as "an excellent resource for a ten-week men's group bible study, or for individuals whose desire is to grow in their relationships with God while discovering how God wants them to conduct themselves as men. While modern culture has established its own determination of what constitutes a Man's Man, God's definition is radically different. This book explores what it means to be a man's man on God's terms, providing a scriptural framework through which men can grow as fathers, husbands, and leaders in their churches and communities."

Even though he's a baseball coach, Stroupe insists the book is not just another sports book. "Most coaches end up writing books about sports," Stroupe said, "but I felt led to write this book two years ago after speaking to a large group of men about how to become more godly leaders in their churches and communities. There are some sports references in the book, but its main emphasis is how to equip men to be leaders."

This is Stroupe's second book to be published. His first, "Embracing the Chaos: Wit and Wisdom from the Self-Proclaimed Hopeless Amateur" (2005), was a compilation of the first 100 columns he wrote for The Shelby Star newspaper. Until deciding to focus on other projects this summer, Stroupe had written weekly columns for The Star and The Gaston Gazette for the past eight years. He says writing has been a passion since he was nine, when he began his first weekly column for his hometown paper in Cherryville, N.C.

"My column was basically an insight column that alternated between humorous and serious reflection," Stroupe said. He cites famous American humorists Erma Bombeck and Lewis Grizzard as the chief influences on his style. "Neither of them ever wrote a column that didn't make an impact on others, and that has always been a goal of mine, too."

While he still aspires to write the occasional column, Stroupe has shifted his focus to two other book projects. One of those is a children's book that he has already shared with students at several local elementary schools. Because of the success of his first published

book, he also plans to eventually release another compilation of columns in book form.

For more information or to order “Top Ten Ways,”  
visit <http://www.publishamerica.net/product38697.html>.

Located in Boiling Springs, N.C., Gardner-Webb University seeks a higher ground in higher education – one that embraces faith and intellectual freedom, balances conviction with compassion, and inspires in students a love of learning, service, and leadership.